



September 2019 K-8 Lunch!!!

Menu subject to change

Students must take 3 full items including a 1/2 cup fruit or vegetables

Under the Community Eligibility Provision of the USDA, All BPS Students Receive A Meal At No charge for both Breakfast and Lunch. This includes Charter and Private Schools that BPS services.

Click on the item below to view the nutritional values:

- [Milk](#)
- [Juice](#)
- [Fruit](#)
- [Chilled Fruit](#)
- [Condiment](#)

All Bread items are Whole Wheat or Whole Grain, Daily Alt-Chef Choice, Tues & Thurs specialty salad
Milk choice includes 1%, fat free, & flavored fat free

Baby Carrots offered daily, Veggie Crunchers & Hummus T&Th
Fun Lunch, PBJ Sandwich, and Grilled Cheese Offered Daily

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6 Chicken Wing Onion Rings Corn Muffin Salad W/ Romaine Fresh/Chilled Fruit -NYS Milk Choice-
9 French Toast Sticks Colby Cheese Omelet Lowfat Yogurt Cinnamon Pita Chips Fresh/Chilled Fruit -NYS Milk Choice-	10 Breaded Chicken Patty WG Kaiser Bun lettuce & tomato French Fry Fresh/Chilled Fruit -NYS Milk Choice-	11 Flatbread Pizza w/ Broccoli Flatbread Pizza w/ Chorizo Salad W/ Romaine Fresh/Chilled Fruit -NYS Milk Choice-	12 Beef Hot Dog WG Hot Dog Roll NYS Corn on the Cob NYS Grape Juice NYS Potato Chips Fresh/Chilled Fruit -NYS Milk Choice-	13 Chicken Smackers Butternut Squash Friday Baked Fries Fresh/Chilled Fruit -NYS Milk Choice-
16 Mini Pizza Bites Marinara Sauce Curly French Fry Green Bean Fresh/Chilled Fruit -NYS Milk Choice-	17 Meatloaf Slices WG Kaiser Bun Sweet Potato Fries Green peas Fresh/Chilled Fruit -NYS Milk Choice-	18 Pulled Turkey Macaroni & Cheese Dinner Roll -or- WG Kaiser Bun Mixed Vegetable Fresh/Chilled Fruit -NYS Milk Choice-	19 Bacon Cheese Burger NYS Corn on the Cob NYS Grape Juice Baked Beans Fresh/Chilled Fruit -NYS Milk Choice-	20 Penne Pasta W/ MeatSauce WG Breadstick Salad W/ Romaine Fresh/Chilled Fruit -NYS Milk Choice-
23 Cheese Pizza Salad W/ Romaine Grape Slushy Pouch Fresh/Chilled Fruit -NYS Milk Choice-	24 Oven Roasted Chicken Vegetable Fried Rice Green Bean Corn Muffin Fresh/Chilled Fruit -NYS Milk Choice-	25 Beef Taco Meat Seasoned Brown Rice Tortilla Chips Fresh/Chilled Fruit -NYS Milk Choice-	26 Beef Hot Dog WG Hot Dog Roll NYS Corn on the Cob NYS Grape Juice Baked Beans Fresh/Chilled Fruit -NYS Milk Choice-	27 Chicken Nuggets Butternut Squash Sweet Potato Fries Fresh/Chilled Fruit Birthday Cupcake -NYS Milk Choice-
30 Grilled Cheese Mixed Vegetable Curly French Fry Fresh/Chilled Fruit -NYS Milk Choice-	<p>The USDA is an equal opportunity provider and employer.</p> <p>*A Medical Professional Prescription is REQUIRED for ALL Special Diets. The note must state what foods the Student cannot consume. The School Nurse and Cafeteria both need a copy. Certain items on this Menu may or may not be available in the Cafeteria with out script on file.</p>			