October 2019 Pk-8 Lunch!!!

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	Breaded Chicken Drumstick Onion Rings Green Bean Dinner Roll Fresh/Chilled Fruit -NYS Milk Choice-	2 Beef Shreds (Barbacoa) Potato, Mashed Fresh Mixed Vegetable Dinner Roll Fresh/Chilled Fruit -NYS Milk Choice-	NYS Hamburger Patty NY Baked Beans WG Kaiser Bun NYS Grape Juice NYS Corn on the Cob Fresh/Chilled Fruit -NYS Milk Choice-	Deli Turkey Sandwich NYS Potato Chips Baby Carrots Fresh/Chilled Fruit -NYS Milk Choice-
7 Mini Pizza Bites Curly French Fry Green Bean Fresh/Chilled Fruit -NYS Milk Choice-	8 Chicken Wing Corn Muffin Salad W/ Romaine NY Grape Slushy Pouch Fresh/Chilled Fruit -NYS Milk Choice-	9 Tortilla Chips Beef Taco Meat Seasoned Brown Rice Black Beans Sweet Corn Cheese Sauce Fresh/Chilled Fruit -NYS Milk Choice-	NY Beef Hot Dog WG Hot Dog Roll NYS Potato Chips F2S Apple Kale salad NYS Grape Juice Fresh/Chilled Fruit -NYS Milk Choice-	11 WG Chicken Nugget F2S Brussel Sprouts Sweet Potato Fries Dinner Roll Fresh/Chilled Fruit -NYS Milk Choice-
-No School-	15 Breaded Chicken Patty WG Kaiser Bun French Fry Carrots, Coins Fresh/Chilled Fruit -NYS Milk Choice-	Flatbread Pizza w/ Chorizo Flatbread Pizza w/Tomato Flatbread Pizza w/ Broccoli Salad W/ Romaine Fresh/Chilled Fruit -NYS Milk Choice-	Beef Sloppy Joe WG Kaiser Bun Tic Tac Toe Salad NYS Grape Juice Seasoned Brown Rice Fresh/Chilled Fruit -NYS Milk Choice-	Chicken Smackers Mediterranean Pasta Salad Butternut Squash Friday Baked Fries Fresh/Chilled Fruit -NYS Milk Choice-
Cheese Pizza Salad W/ Spinach NY Grape Slushy Pouch Fresh/Chilled Fruit -NYS Milk Choice-	Meatloaf Slices WG Kaiser Bun Sweet Potato Fries Green peas Fresh/Chilled Fruit -NYS Milk Choice-	Pulled Turkey Macaroni & Cheese Dinner Roll -or- WG Kaiser Bun Mixed Vegetable Fresh/Chilled Fruit -NYS Milk Choice-	NY Beef Hot Dog WG Hot Dog Roll F2S Apple Kale salad NYS Potato Chips NYS Grape Juice Fresh/Chilled Fruit -NYS Milk Choice-	Meatsauce WG Penne Pasta WG Breadstick Green Bean Broccoli, Steamed Birthday Cupcake Fresh/Chilled Fruit -NYS Milk Choice-
28 French Toast Sticks Colby Cheese Omelet Potato Tater Tot Cinnamon Pita Chips Lowfat Yogurt Fresh/Chilled Fruit -NYS Milk Choice-	-Chef's Choice- Fresh/Chilled Fruit -NYS Milk Choice-	30 Oven Roasted Chicken Vegetable Fried Rice NYS Vegetable Egg Roll Fresh/Chilled Fruit -NYS Milk Choice-	Beef Sloppy Joe WG Kaiser Bun Seasoned Brown Rice F2S Brussel Sprouts NYS Grape Juice Fresh/Chilled Fruit -NYS Milk Choice-	



Students must take 3 full items including a 1/2 cup fruit or vegetables

Click on the item below to view the nutritional values:

Milk
Juice
Fruit
Chilled Fruit
Condiment

Under the Community
Eligibility Provision of the
USDA, All BPS Students
Recieve A Meal At No charge
for both Breakfast and
Lunch. This includes Charter
and Private Schools that
BPS services.

All Bread items are Whole Wheat or Whole Grain, Daily Alt-Chef Choice, Tues & Thurs specialty salad Milk choice includes 1%, fat free, & flavored fat free

Baby Carrots offered daily, Veggie Crunchers & Hummus T&Th Fun Lunch, PBJ Sandwich, and Grilled Cheese Offered Daily

