

December Lunch K-8 2017


Menu subject to change



Students must take 3 full items including a 1/2 cup fruit or vegetables

FARM TO SCHOOL HARVEST OF THE MONTH IS Root Vegetables

Under the Community Eligibility Provision of the USDA, All BPS Students Receive A Meal At No charge for both Breakfast and Lunch. This includes Charter and Private Schools that BPS services.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breaded Chicken Patty WG Kaiser Bun Potato Red Roasted Carrots, Coins lettuce & tomato -Asst Fresh or Chilled Fruit- -Milk Choice- BIRTHDAY FRIDAY! Mini Rice Krispy Treats Alt- Fun Lunch*** Peanut Butter And Jelly Lunch
4 Grilled Cheese Sandwich Blended Bean Medley Chips, Baked -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch	5 Breaded Chicken Tender WG Sausage Roll 6 In lettuce & tomato Carrots, Coins Potato Red Roasted -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch Veggie Crunchers	6 Meatloaf Gravy, Beef Potato, Mashed Fresh Vegetable Blend, California Pumpkin Bread -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch	7 Mexican Diced Chicken Yellow Rice with Black Bean Shredded Cheddar Tomatoes Tostitos -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Peanut Butter And Jelly Lunch Fun Lunch*** Veggie Crunchers	8 Meatsauce Whole Grain Penne Pasta Garden Salad W/ Romaine Mozzarella Stuffed BreadStick -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch
11 Cheese Pizza -or- Garden Burger WG Kaiser Bun Bean, Green -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch	12 BBQ chicken breast WG Kaiser Bun Potato Red Roasted Green peas -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch Veggie Crunchers	13 Beef Rib B Que WG Ciabatta Bread Onion Rings Mixed Vegetable -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch	14 Chef Maro's Italian Rice Bowl * Insalata di Marco Banana Pudding -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch Veggie Crunchers	15 Beef Sloppy Joe WG Kaiser Bun Sweet Corn Seasoned Brown Rice -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch
18 Grilled Cheese Sandwich Blended Bean Medley Chips, Baked -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch	19 French Toast Sticks Turkey Sausage Links Potato Tater Tot Chocolate Elf Grahams -Asst Fresh or Chilled Fruit- Orange Juice -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch Veggie Crunchers	20 Oven Roasted Chicken Sweet Potatoes Cauliflower Pumpkin Bread -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch	21 Diced Chicken Whole Grain Penne Pasta Alfredo sauce Broccoli, Steamed Mozzarella Stuffed BreadStick -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch Veggie Crunchers	22 -Chef's Choice- -Asst Fresh or Chilled Fruit- -Milk Choice- Alt- Fun Lunch*** Peanut Butter And Jelly Lunch
25 -No School- 	26 -No School-	27 -No School-	28 -No School-	29 -No School-



Click on the item below to view the nutritional values:
[Milk](#)
[Juice](#)
[Fruit](#)
[Chilled Fruit](#)
[Condiment](#)

All Bread items are Whole Wheat or Whole Grain, Daily Alt-Chef Choice, Tues & Thurs specialty salad
 Milk choice includes 1%, fat free, & flavored fat free

Baby Carrots offered daily, Veggie Crunchers & Hummus T&Th

The **USDA** is an equal opportunity provider and employer.

Food Allergies must be reported to the cafeteria with a prescription written by a doctor.